



HELPING OTHERS FIND HAPPINESS

We are currently seeking out fabulous individuals to drive our minibuses or assist with serving tea, coffee, and lunch, enabling us to provide a warm welcome to a large number of members throughout the week, from Monday to Friday!

HOW TO FIND US

The Ascot Day Centre can be found at the top end of Sunninghill High Street, beyond the shops on Bagshot Road.

The Ascot Day Centre

The Chandler Centre
Bagshot Road
Sunninghill
SL5 9PD

T:01344 624 923

E: office@ascotdaycentre.org

W: www.ascotdaycentre.org

VISIT US

If you're interested in exploring the possibility of joining as a member and meeting new friends, we invite you to come and visit us first. In addition to getting a first-hand experience, you can also enjoy a complimentary lunch on us.

Contact the Day Centre Manager to arrange your visit on:

T: 01344 624 923

E: office@ascotdaycentre.org



THE ASCOT DAY CENTRE

A social membership club for
the elderly of Ascot,
Sunninghill and Sunningdale.

THE ASCOT DAY CENTRE

The Ascot Day Centre offers a warm and welcoming environment to the local over 55's community. Our club is currently open 4 days a week, with hopes to expand to 5 days.

Members can enjoy morning coffee, followed by a delicious hot two-course lunch and tea in the afternoon. In addition, we offer a variety of activities such as seated dance sessions, access to a hairdresser, exciting games of bingo, and enjoyable local outings.

TRANSPORT

The centre's minibuses (which are equipped with tail lifts) are used to take members to and from their homes. They are driven by our team of volunteer drivers.



A TYPICAL DAY

- Opening at 10:00.
- People who come with their own transport will start arriving from this time.
- The buses will return at around 10:30 with people who have been picked up locally (Sunninghill, South Ascot, North Ascot and Sunningdale).
- Once everyone is in, morning coffee/tea will be provided.
- Most people tend to have a chat with their friends, but some others will play cards or another game.
- At 11:30 there is seated dance, which some members will take part in (this is done in the dining area of the centre).
- Around 12:15 a two-course hot home-made lunch will be served. Lunch can be roast beef, lasagne, fish and chips, sausage casserole or other classic food. Puddings on the menu range from eves pudding, eton mess, sticky toffee pudding to cheesecake.
- There will be a raffle with prizes including biscuits, jam or flowers.
- In the afternoon some people will take part in a few games of bingo or play cards.
- At 15:00 the buses leave to take people home and we close after that.

ACTIVITIES

- Day at the seaside.
- Afternoon tea at Coworth Park.
- Cinema at Ascot Grange.

SERVICES

- Seated dance
- Seated Zumba
- Bridge
- Hairdresser
- Chiropodist

